

HOCKESSIN UNITED METHODIST CHURCH
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Sermon Worksheet for Small Groups or Individual Devotions

September 30, 2018

Sermon Topic: Weary and Worn

Text: Matthew 11:25-30

GROUP DISCUSSION: Can you think of a time when you or someone you knew was weary and worn? What did you do to regain your strength?

PERSONAL REFLECTION: When the circumstances of life leave you weary and worn, what do you do to recover?

1. Why is allowing Jesus to carry our burdens so important and freeing?

2. Why do we tend to like to hold on to our burdens and troubles?

3. God always desired to be in a relationship with humanity but somehow humanity keep messing it up. We want to do our own thing and we somehow think we can survive without God. What is wrong with this thinking?

4. What does it mean to you to be a committed disciple of Christ?

5. What does it mean to take Jesus' yoke and to learn of him?

6. If half the things in the world that we worry and fret about never happen, in your opinion why do we worry about them?

7. Christianity is a relationship with Jesus Christ. How do we as Christians cultivate that relationship?

8. Why is praying so important in the life of the Christian?

9. What is the best part about turning our problems over to the Lord?

10. What have you learned from this sermon and lesson?

